

About

Peer Respite Crisis Stabilization is a voluntary, short-term, overnight program that provides community-based, non-clinical crisis support to individuals experiencing substance use disorder (SUD). It operates 24/7 in a peer-led, trauma-informed environment that utilizes a social model of recovery. This engages individuals in a process of change to help them improve their health and wellness and imagine a new path forward.

Peer respite is more than a shelter - it offers guests a **home-like environment, daily meals, immediate access to MAT, peer support, connection to treatment** and other **recovery resources**, and more!



The road to recovery starts with the first step.

We're here to help.



Missouri's State Opioid Response

The Peer Respite programs are funded by Missouri's State Opioid Response (SOR) grant through the Missouri Department of Mental Health (DMH).

SOR projects aim to expand access to integrated prevention, treatment, recovery support, and harm reduction services for individuals with opioid use disorder (OUD) and stimulant use disorder (StimUD).

To learn more about Missouri's State Opioid Response, please visit:

<http://www.noM0deaths.org>



NoM0DEATHS



Peer Respite

CRISIS STABILIZATION

for individuals with SUD and other co-occurring disorders



Peer Respite fills a need

Oftentimes, individuals experiencing homelessness, SUD, and other co-occurring disorders need a place to stay but may not be ready to integrate directly into a recovery housing program, which usually requires a period of abstinence. Whether awaiting a bed for treatment or other services, or having experienced a relapse leading to program discharge, individuals in these situations may need a place to go until they can assimilate back into the initial program or transition to another one. This is where peer respite plays a crucial role, filling a service gap within the community.

“Respite gets rid of the hoops people have to jump through, reducing barriers to program entry and recovery.”

-Peer Respite Staff

Get in Touch

↓ CALL US TO LEARN MORE ↓

Assisted Recovery Centers of America (ARCA)

3730 Blair Ave. (Men’s)

3732 Blair Ave. (Women’s)

St. Louis, MO 63107

(314) 678-3205 | www.arcamidwest.com

Living in Victory (LIV)

“Transformation House”

1426 Wright St.

St. Louis, MO 63107

(314) 667-5255 | www.livsoberliving.com

In2Action

“Just One Respite House”

2505 Eastwood Dr.

Columbia, MO 65202

(573) 514-7596 | www.in2action.org

Simmering Center

360 Rinehart Rd

Branson, MO 65616

(417) 234-1647 | www.nbsanctuary.org

Ozark Recovery Housing

“Center for Respite & Recovery Services”

7505 East 87th St

Kansas City, MO 64138

(816) 808-2233 | www.ozarkrecoveryhousing.com

Straight Street Recovery Services

“Springfield Respite House”

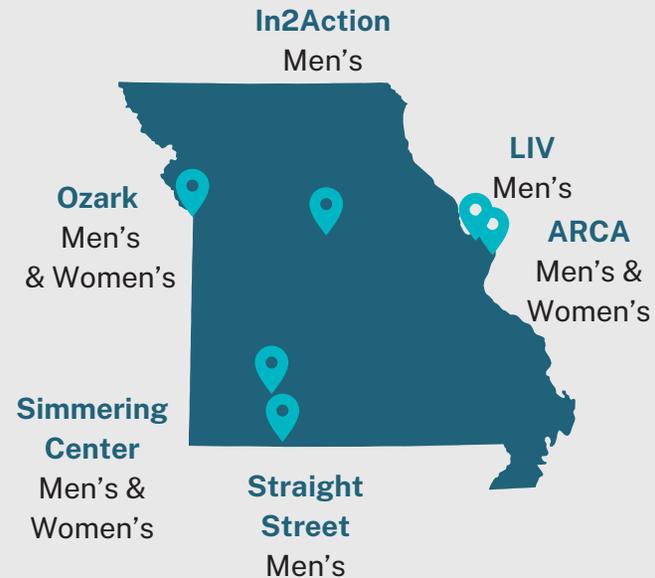
1450 N Broadway

Springfield, MO 65803

(417) 844-5723 | www.straightstreetinc.org

Peer Respite:

- ✔ Utilizes a non-judgmental approach that meets people where they are
- ✔ Treats all individuals with dignity, compassion, and respect
- ✔ Opposes the stigmatization of SUD
- ✔ Engages guests in mutual, trusting relationships with peer staff



Helpful Hotlines

Never Use Alone Hotline: 877-696-1996
If you're going to use alone, call us!



If you are thinking about suicide or experiencing a substance use or mental health crisis, call or text **988**.

